

# Lakes 5 day - Threlkeld Knotts

August 08, 2022

## EVENT RESULTS

### M10A 2.1km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	154	Louis Bryant	SYO	M10	15:48	
2nd	1317	Darrio Tam	HH	M10	16:17	+0:29
3rd	217	Fraser Clarke	NGOC	M10	17:06	+1:18
4th	931	Joseph Meredith	EBOR	M10	22:09	+6:21
5th	579	Alexander Harlock-Askew	TVOC	M10	24:42	+8:54
6th	578	Zebedee Harlock-Askew	TVOC	M10	28:04	+12:16
7th	1323	Andrew C C Tang	OD	M10	29:20	+13:32
8th	879	Dougal Mather	MAROC	M10	41:34	+25:46

### M10B 1.6km 10m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	21	Charlie Alcock	AIRE	M10	10:03	
2nd	861	Francis Mansfield	BAOC	M10	13:32	+3:29
3rd	1200	Hugh Scarbrough	MV	M10	14:08	+4:05

### M12A 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	887	Charlie Maule-Lidbury	HAVOC	M12	23:09	
2nd	315	Alex Darwin	WAOC	M12	28:19	+5:10
3rd	660	Hiroki Holmes	WCOC	M12	29:56	+6:47
4th	1360	Quinn Thompson	LOC	M12	31:12	+8:03
5th	928	Daniel Meredith	EBOR	M12	33:20	+10:11
6th	1496	Oskar Woods	SYO	M12	33:28	+10:19
7th	1087	Stanley Preston	SYO	M12	35:20	+12:11
8th	344	Matvei Dnestrovskii	TVOC	M12	37:54	+14:45
9th	50	Peter Atkinson	ELO	M12	38:19	+15:10
10th	1401	Alfie Tyner	Setanta	M12	53:02	+29:53
	453	Chun Ho Andre Fu	WAOC	M12	w1 m3-8	

### M12B 2.1km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1201	Ralph Scarbrough	MV	M12	27:18	

### M14A 3.9km 130m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	912	Finlay McLuckie	MOR	M14	28:26	
2nd	1554	Oscar Peel	SYO	M14	31:36	+3:10
3rd	629	Toby Heppell	WCOC	M14	33:01	+4:35
4th	1131	Pasco Reynolds	SYO	M14	34:48	+6:22
5th	128	Monty Bratcher-Howard	WIM	M14	38:42	+10:16
6th	247	Lawrie Cope	NATO	M14	40:57	+12:31
7th	1088	William Preston	SYO	M14	44:08	+15:42
8th	454	Chun Yan Alistair Fu	WAOC	M14	46:50	+18:24
9th	651	Lawrence Hodgson	SYO	M14	47:29	+19:03
10th	199	Ben Chapman	SO	M14	47:35	+19:09
11th	1061	Daniel Pigott	POTOC	M14	48:10	+19:44
12th	1240	Eoin Simpson	LEI	M12	50:28	+22:02
13th	787	Adam Landels	OD	M14	50:50	+22:24
14th	1124	George Rennie	WCOC	M14	51:32	+23:06
15th	1194	Oscar Sanderson	NATO	M14	51:45	+23:19
16th	1306	Max Straube-Roth	OD	M14	55:24	+26:58
	1318	Davis Tam	HH	M14	m1-10	
	1128	Caspar Reynolds	SYO	M14	w1	

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### M14B 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	770	Jamie King	GO	M14	28:02	
2nd	473	Leo Gilbert	DEVON	M14	38:22	+10:20

### M16A 4.7km 190m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1121	Ruben Razzetti	BL	M16	35:53	
2nd	627	Daniel Heppell	WCOC	M16	36:23	+0:30
3rd	1162	Thomas Rollins	SN	M16	37:32	+1:39
4th	1048	Ben Perry	DEVON	M16	40:09	+4:16
5th	974	Yann Newey	MAROC	M16	40:56	+5:03
6th	1003	Jake O'Donnell	DVO	M16	43:52	+7:59
7th	152	James Bryant	SYO	M16	45:14	+9:21
8th	127	Harry Bratcher-Howard	WIM	M16	45:21	+9:28
9th	701	Isaac Hunter	WCOC	M16	48:26	+12:33
10th	48	Joel Atkinson	ELO	M16	50:22	+14:29
11th	686	Austin Howe	SAX	M16	52:29	+16:36
12th	900	Matthew McCreadie	DEE	M16	52:57	+17:04
13th	513	Matthew Green	NATO	M16	54:38	+18:45
14th	355	John Doyle	SYO	M16	55:09	+19:16
15th	1191	Benedict Sanderson	NATO	M16	59:08	+23:15
16th	123	Hamish Braine-Clarke	QO	M16	59:47	+23:54
17th	237	Jamie Connor	FVO	M16	78:21	+42:28

### M18L 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1049	Tom Perry	DEVON	M18	39:11	
2nd	932	Adam Methven	BKO	M18	39:41	+0:30
3rd	481	Jamie Goddard	FVO	M18	42:58	+3:47
4th	1209	Peter Scott	LOC	M18	43:15	+4:04
5th	1342	Wilfrid Teasdale	WCOC	M18	44:16	+5:05
6th	883	Alex Matthew	SROC	M18	46:17	+7:06
7th	498	Ben Gostick	HH	M18	46:43	+7:32
8th	614	Tommy Heap	SO	M18	47:17	+8:06
9th	950	Matthew Morris	SYO	M18	56:05	+16:54
10th	246	Jonty Cope	NATO	M18	57:20	+18:09
11th	1440	Dominic Wathey	MDOC	M18	62:23	+23:12
12th	911	Sam McLoughlin	WCOC	M18	68:06	+28:55
13th	810	Sam Lewis	DEVON	M18	71:57	+32:46
14th	467	William Garnett	SYO	M18	72:32	+33:21

### M18S 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1001	Ben O'Donnell	DVO	M18	47:58	
2nd	1403	Tivon Tyner	Setanta	M18	51:33	+3:35
3rd	785	Robin Lambe	HOC	M18	86:09	+38:11

### M20L 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	731	Finlay Johnson	SROC	M20	41:35	
2nd	416	Alex Fielding	HH	M20	44:38	+3:03
3rd	492	Jonty Goodwin	EUOC	M20	50:23	+8:48
4th	581	Adam Harris	DEE	M20	71:32	+29:57
5th	672	Matthew Horne	LOC	M20	75:42	+34:07
6th	781	Benjamin Kyd	MDOC	M20	84:22	+42:47

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### M20S 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1340	Henry Teasdale	WCOC	M20	45:40	
2nd	841	Vlad Lutsenko	CHIG	M20	78:59	+33:19

### M21L 7.9km 250m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1266	Chris Smithard	FVO	M21	50:47	
2nd	507	Filip Grahn	Södertälje-Nykva	M21	51:47	+1:00
3rd	158	David Bunn	EUOC	M21	53:18	+2:31
4th	1364	Alistair Thornton	FVO	M21	54:35	+3:48
5th	1281	Daniel Spencer	EUOC	M21	55:09	+4:22
6th	794	Nathan Lawson	OD	M21	56:34	+5:47
7th	1156	Richard Robinson	NOC	M40	58:26	+7:39
8th	1459	Jérémie Wichoud	CO Lausanne-Jo	M21	59:58	+9:11
9th	414	Adam Fieldhouse	QO	M21	60:15	+9:28
10th	1288	Ben Stevens	DRONGO	M35	61:01	+10:14
11th	305	Dom Dakin	SYO	M21	63:05	+12:18
12th	380	Ryan Elliot	OUOC	M21	63:13	+12:26
13th	1540	Lachlan Chavasse	CUOC	M21	65:41	+14:54
14th	490	Ben Goodwin	WCOC	M21	67:06	+16:19
15th	655	Thomas Hofer	OLG Huttwil	M35	68:17	+17:30
16th	362	Samuel Drinkwater	MDOC	M21	72:16	+21:29
17th	1512	Philipp Zappa	OLG Huttwil	M21	72:45	+21:58
18th	329	Tommy Delenne	ACA	M21	73:57	+23:10
19th	1072	Adam Poole	TVOC	M21	75:06	+24:19
20th	386	Robert Elston	UBOC	M21	77:13	+26:26
21st	745	Lawrence Jones	NGOC	M21	77:40	+26:53
22nd	1332	Duncan Taylor	DEVON	M21	77:54	+27:07
23rd	1273	Martin Sogno	ACA	M21	78:29	+27:42
24th	104	Nikolaj Bjørn	TISVILDE HEGN	M21	80:53	+30:06
25th	583	Duncan Harris	DEE	M55	81:19	+30:32
26th	493	Joseph Goodwin	SHUOC	M21	82:00	+31:13
27th	1524	Matthew Rochester	CLARO	M21	83:09	+32:22
28th	1320	Wing Chung Tam	PAOC	M35	84:54	+34:07
29th	1399	James Turton	SROC	M21	85:53	+35:06
30th	688	Frazer Howe	BAOC	M21	86:56	+36:09
31st	463	Matthew Gardner	HH	M21	88:33	+37:46
32nd	543	Matt Haines	UBOC	M21	92:58	+42:11
33rd	1516	Donatas Tumaitis	CHIG	M35	97:57	+47:10
34th	791	Himmy Lau	SLOW	M21	99:50	+49:03
35th	230	Jeremy Colgan	HVO	M50	104:20	+53:33
36th	346	Peter Dobra	SAX	M21	106:13	+55:26
37th	432	Daniel Font	DEE	M21	110:59	+60:12
38th	1225	Dylan Sherman	OUOC	M21	111:50	+61:03
39th	1007	Conor O'Donovan	WAOC	M21	112:36	+61:49
40th	865	Euan Marsh	SO	M21	151:06	+100:19
	1208	Harry Scott	SHUOC	M21	m9-16	
	1058	Matthew Pickering	SYO	M21	w16	
	415	Robin Fieldhouse	QO	M21	w16	
	797	Sam Leadley	OD	M21	w16	
	867	Liam Marsh	SO	M21	m16	
	1348	James Thomas	HOC	M21	m10-14	

### M21S 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	965	Andrew Nash	SOC	M45	50:12	
2nd	393	James Errington	HH	M21	50:29	+0:17
3rd	949	Louis Morris	WCOC	M21	53:51	+3:39

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### M21S 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
4th	150	Robert Browne	LOC	M21	54:23	+4:11
5th	192	Iain Cattermole	STAG	M21	54:36	+4:24
6th	960	Dave Murgatroyd	AIRE	M21	57:47	+7:35
7th	210	Yau Chung Chiu	PAOC	M35	57:53	+7:41
8th	36	Thomas Aspin	CLOK	M21	63:22	+13:10
9th	826	Edward Lines	SO	M21	67:15	+17:03
10th	295	Paul Cumner	BOF	M21	68:53	+18:41
11th	754	Sudeep Kamal	BAOC	M21	69:47	+19:35
12th	843	Nicolas MacDonald	BOF	M21	72:20	+22:08
13th	533	Joshan Gurung	RSOC	M21	74:59	+24:47
14th	536	Prem Gurung		M21	78:40	+28:28
15th	531	Dirgha Gurung	BAOC	M21	79:58	+29:46
16th	23	Ollie Allcock		M21	80:54	+30:42
17th	823	Papesh Limbu	BOF	M21	81:00	+30:48
18th	532	Dou bahadur Gurung		M21	83:48	+33:36
19th	679	Råmund Løver Hovden	STORD ORIENT	M21	87:14	+37:02
20th	374	Scott Elford	WSX	M21	92:46	+42:34
21st	1259	Fergus Smith	AYROC	M21	93:10	+42:58
22nd	1347	Huw Thomas	BOK	M35	96:39	+46:27
23rd	1492	Cheuk Wang Wong	PAOC	M21	96:55	+46:43
24th	566	Stuart Hanstock	BOK	M21	110:18	+60:06
25th	534	Nabin Gurung	BAOC	M21	117:13	+67:01
	349	Oliver Doncaster	BAOC	M21	rtd	

### M35L 7.9km 250m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1326	Joe Taunton	SYO	M35	71:58	
2nd	33	Robert Ashton	BAOC	M35	72:55	+0:57
3rd	1203	Tim Scarbrough	MV	M35	73:34	+1:36
4th	1163	Matthew Rooke	LOC	M35	74:21	+2:23
5th	164	Mark Burley	MDOC	M35	77:35	+5:37
6th	1298	Edward Stott	SLOW	M35	98:53	+26:55
7th	862	Gareth Mansfield	BAOC	M35	105:10	+33:12
8th	282	Ryan Crellin	WCOC	M35	107:30	+35:32

### M35S 4.7km 190m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1100	Sebastian Pugh	SYO	M35	45:57	
2nd	359	Will Drewe	CLARO	M40	49:58	+4:01
3rd	1113	Birbahadur Rai	WCH	M35	50:50	+4:53
4th	537	Sandesh Gurung	BAOC	M35	58:26	+12:29
5th	981	Edward Nichols	SO	M40	61:45	+15:48
6th	341	Richard Dixon	BAOC	M35	73:31	+27:34
7th	1329	Samuel Taunton	NGOC	M35	92:21	+46:24
	917	Neil McMillan	ELO	M35	m4	

### M40L 7.9km 250m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	626	Will Hensman	FVO	M40	67:23	
2nd	1293	Doug Stimson	NWO	M40	72:46	+5:23
3rd	1292	Andrew Stimson	NN	M40	74:59	+7:36
4th	1063	Graham Pigott	POTOC	M40	83:33	+16:10
5th	798	Rob Leathley	SO	M45	86:39	+19:16
6th	930	James Meredith	EBOR	M40	87:25	+20:02
7th	477	Tim Gilbert	DEVON	M40	93:25	+26:02

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### M40L 7.9km 250m

Pos	No.	Name	Club	Age Class	Time	Behind
8th	265	Daniel Cowley	NOR	M40	97:31	+30:08
9th	666	Tim Holt	SYO	M40	105:40	+38:17
10th	1574	Graeme Ambler	BOK	M40	107:12	+39:49

### M40S 4.5km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	424	Dan Findlay-Robinson	WCH	M40	54:37	
2nd	575	James Hargreaves	BOK	M40	58:00	+3:23
3rd	218	Grant Clarke	NGOC	M40	60:50	+6:13
4th	520	Paul Gregson	OD	M40	80:38	+26:01

### M45L 6.3km 230m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	73	Nick Barrable	SYO	M45	46:33	
2nd	482	Roger Goddard	FVO	M45	47:44	+1:11
3rd	515	Nick Green	NATO	M45	51:20	+4:47
4th	555	Paul Hammond	FVO	M45	52:00	+5:27
5th	1207	Marcus Scotney	DVO	M45	55:58	+9:25
6th	1243	Julian Simpson	CLOK	M45	56:02	+9:29
7th	922	Jolyon Medlock	WSX	M45	59:38	+13:05
8th	1238	Andy Simpson	LEI	M45	60:40	+14:07
9th	574	Ian Hargreaves	SOS	M45	61:10	+14:37
10th	1179	Andrew Rowe	POTOC	M45	63:26	+16:53
11th	1064	Martin Pigott	POTOC	M45	64:00	+17:27
12th	615	Will Heap	SO	M45	65:06	+18:33
13th	22	David Alcock	AIRE	M45	66:41	+20:08
14th	1446	Steve Webb	AIRE	M60	66:51	+20:18
15th	953	Peter Moseley	SROC	M45	67:49	+21:16
16th	1226	Francis Shillitoe	NATO	M45	68:02	+21:29
17th	1260	Gavin Smith	SROC	M60	70:03	+23:30
18th	653	Simon Hodgson	SYO	M45	72:23	+25:50
19th	260	Brian Cowe	WAOC	M45	73:52	+27:19
20th	880	Paul Mather	MAROC	M45	73:59	+27:26
21st	680	Andrew Howard	BOF	M45	74:20	+27:47
22nd	1276	Alexander Soulsby	HH	M45	75:31	+28:58
23rd	723	Richard Jackson	DEVON	M45	75:38	+29:05
24th	1274	Philip Sorrell	QO	M45	77:42	+31:09
25th	1228	Peter Shirvington	QO	M45	77:52	+31:19
26th	1083	Richard Powell	WAOC	M45	85:56	+39:23
27th	902	Adam McCreddie	DEE	M45	88:18	+41:45
28th	1016	Alex Owen	LOK	M45	92:46	+46:13
29th	111	Fred Boardman	WCOC	M45	97:44	+51:11
30th	1319	Dickson CY Tam	HH	M45	101:40	+55:07

### M45S 4.5km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	840	Kostya Lutsenko	CHIG	M45	50:31	
2nd	488	Roger Gooding	SOS	M45	50:37	+0:06
3rd	511	Julian Green	EPOC	M45	59:29	+8:58
4th	1497	Todd Woods	SYO	M45	78:27	+27:56
5th	213	Mykyta Chubynsky	OD	M45	88:18	+37:47
6th	49	Michael Atkinson	ELO	M45	92:08	+41:37
7th	518	Douglas Greenwood	SOC	M45	98:25	+47:54
8th	1422	Christopher Walker	LOK	M45	172:01	+121:30

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Pos	No.	Name	Club	Age Class	Time	Behind
1st	788	Alistair Landels	OD	M50	51:04	
2nd	1429	Peter Ward	NGOC	M50	53:50	+2:46
3rd	702	Simon Hunter	WCOC	M50	54:07	+3:03
4th	1178	Calvin Routledge	BAOC	M50	56:28	+5:24
5th	994	Danny O'Callaghan	CLOK	M50	57:20	+6:16
6th	1126	Jamie Rennie	WCOC	M50	57:29	+6:25
7th	1406	Denis Valentin	BROS 4012	M50	60:27	+9:23
8th	1402	Angus Tyner	Setanta	M50	63:23	+12:19
9th	251	Liam Corner	MDOC	M50	63:25	+12:21
10th	687	Brendon Howe	SAX	M50	64:00	+12:56
11th	1514	Ilan Zuck	SHOC	M55	64:50	+13:46
12th	818	Guy Lidbury	HAVOC	M50	65:23	+14:19
13th	886	Tom Matthew	SROC	M50	66:38	+15:34
14th	899	Chris McCartney	HOC	M50	67:03	+15:59
15th	292	Dave Cumins	SO	M50	67:50	+16:46
16th	662	Steve Holmes	WCOC	M50	68:02	+16:58
17th	35	David Aspin	CLOK	M50	68:48	+17:44
18th	336	Chris Dibben	INT	M50	69:37	+18:33
19th	129	Steven Breeze	WCOC	M50	70:13	+19:09
20th	207	Dan Chissick	Galilee	M50	70:30	+19:26
21st	1216	Nick Shanahan	BAOC	M50	72:04	+21:00
22nd	276	Stuart Crawford	WCOC	M50	73:41	+22:37
23rd	811	Tom Lewis	DEVON	M50	78:12	+27:08
24th	1375	David Todd	SYO	M55	79:13	+28:09
25th	417	Kevin Fielding	HH	M50	79:25	+28:21
26th	240	Darren Cook	DVO	M50	82:34	+31:30
27th	1025	Jeff Pakes	QO	M50	82:45	+31:41
28th	595	Philip Harvey	WIM	M50	84:45	+33:41
29th	505	Stuart Graham	SOLWAY	M50	87:35	+36:31
30th	604	Jim Hayward	BOK	M55	89:17	+38:13
31st	1308	Anders Sundelin	OK Orion	M50	92:22	+41:18
32nd	290	John Crowther	Rocky Mountain	M50	98:54	+47:50
33rd	740	Terry Johnstone	ESOC	M55	123:15	+72:11
34th	1460	Pierre Wichoud	CO Lausanne-Jo	M50	127:48	+76:44
35th	871	John Marshall	CLYDE	M50	194:23	+143:19
	915	Peter McLuckie	MOR	M50	m10	

### M50S 3.9km 180m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1494	Mark Wood	FVO	M50	43:30	
2nd	459	Paul Gaines	BL	M50	45:12	+1:42
3rd	1172	Finlay Ross	ESOC	M55	47:24	+3:54
4th	1195	Oliver Santschi	OLG BERN	M50	47:57	+4:27
5th	469	Mike Garvin	SLOW	M50	55:50	+12:20
6th	1287	Martin Steiner	OLG BERN	M50	56:16	+12:46
7th	1529	Rodney White	WIM	M50	65:12	+21:42
8th	926	Edward Mellor	SELOC	M50	66:24	+22:54
9th	1204	Antony Schofield	MV	M60	79:40	+36:10
10th	1002	Chris O'Donnell	DVO	M50	82:09	+38:39
11th	1039	Steven Partridge	SOS	M50	91:14	+47:44
12th	1041	Trevor Peacock	CLOK	M50	102:43	+59:13

### M55L 5.4km 230m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1387	Jim Trueman	MDOC	M55	47:03	
2nd	160	Nigel Bunn	TVOC	M55	47:36	+0:33
3rd	548	Clive Hallett	BOK	M55	48:46	+1:43

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Pos	No.	Name	Club	Age Class	Time	Behind
4th	894	Charles Mayes	CLOK	M55	50:29	+3:26
5th	144	Jon Brooke	WSX	M55	53:01	+5:58
6th	712	Alan Irving	WCOC	M55	53:03	+6:00
7th	1017	Matthew Owen	BOK	M55	53:29	+6:26
8th	620	Andrew Henderson	WAOC	M55	54:10	+7:07
9th	87	Dai Bedwell	DVO	M55	55:19	+8:16
10th	925	Marc Meeuwssen	TROL Belgium	M55	57:02	+9:59
11th	131	Mike Brett	BAOC	M55	57:10	+10:07
12th	91	Iain Bell	DEE	M55	58:35	+11:32
13th	206	Peter Chapman	SO	M55	58:58	+11:55
14th	197	Ade Chapman	RAFO	M55	59:08	+12:05
15th	796	David Leadley	OD	M55	61:51	+14:48
16th	418	Pascal Figuiere	Givry SO	M55	63:25	+16:22
17th	850	Bruno Maes	CO Lorient	M55	64:15	+17:12
18th	598	Jon Hateley	DEE	M55	64:19	+17:16
19th	1222	Iain Shepherd	INVOC	M55	64:22	+17:19
20th	194	Dave Chaffey	DVO	M55	65:14	+18:11
21st	1393	Chris Turner	WIM	M55	67:06	+20:03
22nd	112	Tim Boden	LOC	M55	68:17	+21:14
23rd	343	Alexey Dnestrovskii	TVOC	M55	68:24	+21:21
24th	121	Andrew Bradley	WCOC	M55	68:49	+21:46
25th	1142	Andy Rimes	QO	M55	69:26	+22:23
26th	428	Lyle Fleming	LVO	M55	69:44	+22:41
27th	793	David Lawson	OD	M55	70:13	+23:10
28th	1462	Tim Wiegand	SYO	M55	71:13	+24:10
29th	1034	Gordon Parker	SLOW	M55	71:47	+24:44
30th	571	George Hare	NATO	M55	71:50	+24:47
31st	1263	Phil Smith	AYROC	M55	72:31	+25:28
32nd	647	Steve Hinshelwood	WAOC	M55	73:16	+26:13
33rd	748	Pauly-D Jones	DEE	M55	73:35	+26:32
34th	827	Robert Lines	SO	M55	74:13	+27:10
35th	1140	Richard Rigby	CLOK	M55	75:15	+28:12
36th	897	David McCann	MDOC	M55	76:20	+29:17
37th	743	Ian Jones	NGOC	M55	76:33	+29:30
38th	906	Ian McIntyre	INT	M55	76:59	+29:56
39th	927	Derick Mercer	BKO	M55	77:03	+30:00
40th	654	Trevor Hoey	FVO	M55	77:24	+30:21
41st	1248	Martin Skinner	WCOC	M55	77:29	+30:26
42nd	768	Gunnar Kindlundh	Trosabygdens O	M55	81:23	+34:20
43rd	411	John Ferris-Worth	BL	M55	83:08	+36:05
44th	373	Mark Edwards	SROC	M55	83:52	+36:49
45th	347	Nigel Dobson	YALANGA	M55	83:56	+36:53
46th	328	Matthieu Delenne	ACA	M55	85:54	+38:51
47th	1030	Bert Park	SUFFOC	M55	87:45	+40:42
48th	1067	Andrew Pitcher	DFOK	M55	88:35	+41:32
49th	196	Jon Chandler	LOK	M55	89:11	+42:08
50th	422	Russell Finch	OD	M55	96:11	+49:08
51st	1373	Mark Tipuric	WRE	M55	99:46	+52:43
52nd	1436	Julian Warren	NN	M55	99:49	+52:46
53rd	1097	Mark Pruzina	LVO	M55	110:41	+63:38
54th	988	Dougie Nisbet	NN	M55	112:20	+65:17
55th	806	Lap On Leung	COBOC	M55	114:29	+67:26
56th	1150	John Robertson	STAG	M55	115:00	+67:57
57th	617	Paul Hearn	HH	M55	122:03	+75:00
58th	802	Stephen Lee-Jones	BOK	M55	137:54	+90:51
	410	Mike Ferneyhough	BL	M55	m7-11	

# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### M55S 3.8km 160m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1315	Andy Sykes	DVO	M55	<b>39:06</b>	
2nd	864	David Marsh	SO	M55	<b>46:27</b>	+7:21
3rd	446	Andrew French	WIM	M55	<b>49:18</b>	+10:12
4th	271	Robert Cranston	RR	M55	<b>51:19</b>	+12:13
5th	168	Ian Buxton	TVOC	M55	<b>53:26</b>	+14:20
6th	636	Alan Hickling	SAX	M55	<b>55:58</b>	+16:52
7th	460	Ian Gamlen	COBOC	M55	<b>61:43</b>	+22:37
8th	135	Neil Bricknell	SAX	M55	<b>63:35</b>	+24:29
9th	332	Steve Dempsey	SYO	M55	<b>64:01</b>	+24:55
10th	468	Gerry Garvey	BL	M55	<b>68:32</b>	+29:26
11th	674	Terence Hosking	BKO	M55	<b>86:53</b>	+47:47
	413	Tim Field	LOC	M55	<b>m11</b>	

### M60L 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	890	Ian Maxwell	RR	M60	<b>50:15</b>	
2nd	990	Ivo Novak	OK 24 PRAHA	M60	<b>50:32</b>	+0:17
3rd	568	Kevin Harding	HH	M60	<b>50:48</b>	+0:33
4th	668	Chris Hooker	SO	M60	<b>51:32</b>	+1:17
5th	844	Alastair Mackenzie	CLOK	M60	<b>51:47</b>	+1:32
6th	388	Jonathan Emberton	EPOC	M60	<b>51:48</b>	+1:33
7th=	1212	Mark Seddon	SELOC	M60	<b>55:04</b>	+4:49
7th=	1513	Richard Zeiner-Gundersen	Aker Brygge Ori	M60	<b>55:04</b>	+4:49
9th	1093	Ian Prosser	ABOMINABLE O	M60	<b>56:12</b>	+5:57
10th	1031	Dan Parker	BL	M60	<b>56:23</b>	+6:08
11th	1217	Paul Shannon	DEE	M60	<b>58:30</b>	+8:15
12th=	256	Pete Couldery	GO	M60	<b>58:35</b>	+8:20
12th=	1037	Rob Parkinson	MOR	M65	<b>58:35</b>	+8:20
14th	941	Adrian Moir	SWOC	M60	<b>58:51</b>	+8:36
15th	266	Anthony Cox	COLE	M60	<b>59:33</b>	+9:18
16th	973	Phil Newall	KERNO	M60	<b>59:34</b>	+9:19
17th	471	Simon George	Big Foot	M60	<b>60:16</b>	+10:01
18th	1022	Richard Oxlade	ESOC	M60	<b>61:22</b>	+11:07
19th	486	Mike Goldthorpe	SOC	M60	<b>61:30</b>	+11:15
20th	1416	David Vincent	DVO	M60	<b>61:32</b>	+11:17
21st	545	Nick Hale	MAROC	M60	<b>61:49</b>	+11:34
22nd	1145	Keith Roberts	MAROC	M60	<b>63:02</b>	+12:47
23rd	667	Rini Hoogkamer	NOR	M60	<b>63:45</b>	+13:30
24th	253	Steve Corrigan	EBOR	M60	<b>63:57</b>	+13:42
25th	699	Tim Hulley	SO	M60	<b>64:07</b>	+13:52
26th	1044	Brian Pearson	QO	M60	<b>64:15</b>	+14:00
27th	55	Steve Bailey	SN	M60	<b>64:31</b>	+14:16
28th	235	Mark Collins	DFOK	M60	<b>67:11</b>	+16:56
29th	961	Ian Murgatroyd	SOLWAY	M60	<b>68:02</b>	+17:47
30th	1352	Roger Thomas	WCOC	M60	<b>70:02</b>	+19:47
31st	834	Gary Longhurst	FVO	M60	<b>70:53</b>	+20:38
32nd	420	Alex Finch	SROC	M60	<b>71:26</b>	+21:11
33rd	137	John Briggs	BKO	M60	<b>72:46</b>	+22:31
34th	472	Jonathan Gilbert	NOR	M60	<b>72:58</b>	+22:43
35th	106	Russell Blatchford	NC-N	M60	<b>73:13</b>	+22:58
36th	635	Rob Hick	WSX	M60	<b>73:39</b>	+23:24
37th	956	Michael Muggeridge	HAVOC	M60	<b>74:41</b>	+24:26
38th	1047	Dmitry Perchonok	Emek Hefer	M60	<b>75:02</b>	+24:47
39th	724	Dorien James	SMOC	M60	<b>76:40</b>	+26:25
40th	1186	Tony Rutter	SROC	M60	<b>79:23</b>	+29:08
41st	1206	Noel Schorah	DEE	M60	<b>81:35</b>	+31:20
42nd	102	Stephen Bingham	MDOC	M60	<b>82:26</b>	+32:11
43rd	1137	Andrew Ridgway	NOC	M60	<b>89:18</b>	+39:03



# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### M60L 5.3km 220m

Pos	No.	Name	Club	Age Class	Time	Behind
44th	659	Geoffrey Hollins	POTOC	M65	89:42	+39:27
45th	1073	Chris Poole	TVOC	M60	102:59	+52:44
46th	1479	Jamie Wilson	ELO	M60	105:02	+54:47
47th	34	James Askew	TVOC	M60	109:55	+59:40
48th	1448	Charles Weir	BL	M60	110:26	+60:11
49th	658	Janusz Holender	TVOC	M60	121:02	+70:47
	110	Steve Blount	SO	M60	m2-13	
	1344	David Thomas	SYO	M60	w4	
	450	Mike Frizzell	BADO	M60	w1 rtd	

### M60S 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	280	Andy Creber	NGOC	M60	36:38	
2nd	755	John Kay	BAOC	M60	39:24	+2:46
3rd	832	Graham Lloyd	EPOC	M60	40:37	+3:59
4th	288	David Cronk	WAOC	M60	43:10	+6:32
5th	1510	Andrew Yeates	WCH	M60	45:29	+8:51
6th	294	Richard Cummings	WCOC	M60	48:07	+11:29
7th	1341	Ian Teasdale	WCOC	M60	48:09	+11:31
8th	1197	David Saunders	HH	M60	49:41	+13:03
9th	600	Jan Haugland	AARSTAD	M60	50:42	+14:04
10th	241	Jim Cooke	POTOC	M60	53:14	+16:36
11th	407	Stephen Fellbaum	LOC	M60	54:13	+17:35
12th	1519	Ian Byford	HH	M60	55:24	+18:46
13th	142	John Broadhead	WRE	M65	56:19	+19:41
14th	857	Rod Mansel	SUFFOC	M60	58:30	+21:52
15th	83	Graham Batty	HAVOC	M60	58:31	+21:53
16th	18	Neil Adams	WCH	M60	58:50	+22:12
17th	54	Rob Bailey	CLOK	M60	58:59	+22:21
18th	318	Kelvin Davies	BOK	M60	61:31	+24:53
19th	719	Colin Jackson	HAVOC	M60	61:44	+25:06
20th	870	Ian Marshall	AIRE	M60	61:48	+25:10
21st	978	David Nichol	AYROC	M60	63:57	+27:19
22nd	107	Paul Bloch	DEVON	M60	66:08	+29:30
23rd	268	Douglas Craig	WCH	M60	69:40	+33:02
24th	186	Jon Carberry	SROC	M60	70:06	+33:28
25th	178	Ewan Cameron	MAROC	M60	72:42	+36:04
26th	1181	Simon Rowlett	MV	M60	76:48	+40:10
27th	608	Graham Heap	MDOC	M60	90:07	+53:29
28th	405	David Faulkner	BOK	M60	107:49	+71:11
	500	Neil Gostick	HH	M60	m2-5 m	

### M65L 4.5km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	340	Ian Ditchfield	MV	M65	43:31	
2nd	367	Paul Duley	GRAMP	M65	46:56	+3:25
3rd	19	Paul Addison	DVO	M65	47:44	+4:13
4th	1119	Derek Ratcliffe	LOC	M65	48:08	+4:37
5th	310	Robert Daly	GRAMP	M65	51:59	+8:28
6th	225	Gavin Clegg	WSX	M65	52:17	+8:46
7th	120	Paul Bradbury	SYO	M65	53:11	+9:40
8th	337	Colin Dickson	BAOC	M65	53:31	+10:00
9th	1271	Patrick Smyth	BOF	M65	53:57	+10:26
10th	311	Charles Daniel	BOK	M65	55:04	+11:33
11th	591	Neil Harvatt	HALO	M65	55:46	+12:15
12th	82	Paul Basher	HOC	M65	56:20	+12:49
13th	1307	Takashi Sugiyama	Sans Souci	M65	57:53	+14:22

# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### M65L 4.5km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
14th	1482	Richard Wilson	AIRE	M65	58:00	+14:29
15th	1330	Adrian Taylor	DEVON	M65	58:14	+14:43
16th	1272	Mike Snell	ERYRI	M65	58:47	+15:16
17th=	452	Derek Fryer	LOC	M65	59:27	+15:56
17th=	371	Stephen Eastley	BL	M65	59:27	+15:56
19th	1106	Andrew Quickfall	SROC	M65	60:24	+16:53
20th	391	Are Eriksen	OSI	M65	60:30	+16:59
21st	1152	Andy Robinson	LOC	M65	62:38	+19:07
22nd	202	Dave Chapman	SN	M65	63:30	+19:59
23rd	842	Malcolm Lyon	TVOC	M65	63:37	+20:06
24th	228	Matthew Cochrane	SROC	M65	64:26	+20:55
25th	814	Andrew Lewsley	BL	M65	65:18	+21:47
26th	396	Andrew Evans	DFOK	M65	66:27	+22:56
27th	1423	Alan Wallis	SN	M65	68:23	+24:52
28th	92	Mike Bennett	HH	M65	69:26	+25:55
29th	762	Christopher Kelsey	BOK	M65	69:32	+26:01
30th	1151	Steve Robertson	QO	M65	69:52	+26:21
31st	526	Mikhail Gryaznevich	TVOC	M65	69:53	+26:22
32nd	519	Simon Greenwood	SAX	M65	71:21	+27:50
33rd	1096	Paul Prudhoe	Central Coast	M65	72:23	+28:52
34th	1143	David Roach	SLOW	M65	72:43	+29:12
35th	676	Joe House	SO	M65	73:14	+29:43
36th	435	Peter Foster	BOK	M65	73:22	+29:51
37th	1466	Glyn Williams	WIGHTO	M65	75:40	+32:09
38th	1468	Paul Williams	LOC	M65	75:48	+32:17
39th	375	Barry Elkington	OD	M65	76:06	+32:35
40th	1502	Selwyn Wright	LOC	M65	78:39	+35:08
41st	114	Jean-Luc Boelle	Club COOL	M65	79:19	+35:48
42nd	830	Richard Llewellyn	NOC	M65	81:17	+37:46
43rd	1503	Gavin Wyatt-Mair	Bay Area OC	M65	86:14	+42:43
44th	558	Andrew Hannaford	SO	M65	87:19	+43:48
45th	730	Chris Johnson	BOK	M65	88:16	+44:45
46th	172	Ian Byrne	SMOC	M65	92:57	+49:26
47th	1055	Ian Pickering	HOC	M65	97:22	+53:51
	205	Mark Chapman	SYO	M55	m3-13	
	892	Nicholas Maxwell	DEVON	M65	m8	

### M65S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
n/c	1297	Andy Stott	NGOC	M60	39:41	
1st	512	Martin Green	MDOC	M65	43:13	
2nd	541	Gunnar Gytri	Førde	M65	45:10	+1:57
3rd	313	David Dann	MDOC	M65	49:20	+6:07
4th	1279	Eddie Speak	MDOC	M65	49:51	+6:38
5th	992	Liam O'Brien	CORK O	M65	50:50	+7:37
n/c	618	Chris Heaton	LOC	M40	53:11	
6th	170	Russell Buxton	DVO	M65	54:15	+11:02
7th=	1057	Kevin Pickering	WIM	M65	55:10	+11:57
7th=	1102	Jerry Purkis	LOC	M65	55:10	+11:57
9th	1159	John Robson	SOLWAY	M65	55:50	+12:37
10th	1198	Howard Sawyer	AIRE	M65	57:33	+14:20
11th	986	Philip Nichols	BL	M65	61:00	+17:47
12th	704	Jonathan Hurford	BOK	M65	64:38	+21:25
13th	1081	Martin Powell	LOC	M70	65:48	+22:35
14th	641	Bob Hill	RAFO	M65	66:58	+23:45
15th	1369	Paul Tickner	WCOC	M65	71:49	+28:36
16th	563	David Hanstock	BOK	M65	74:43	+31:30
17th	1092	Ian Prosser	BAOC	M65	76:33	+33:20

# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### M65S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
18th	955	Robin Mowbray	BOF	M65	81:49	+38:36
19th	1187	Arun Sahni	SYO	M65	84:56	+41:43
20th	1170	David Rosen	SROC	M65	88:01	+44:48
21st	319	Les Davies	SROC	M65	91:45	+48:32
22nd	1283	Alan Starling	NGOC	M65	97:19	+54:06
23rd	1477	Charlie Wilson	NATO	M65	104:59	+61:46

### M70L 3.8km 160m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	596	Eddie Harwood	MOR	M70	37:54	
2nd	495	Peter Gorvett	SYO	M75	40:15	+2:21
3rd	1456	Steve Whitehead	EBOR	M70	41:38	+3:44
4th=	177	Christopher Calow	DEE	M70	42:08	+4:14
4th=	356	Bob Dredge	WCOC	M70	42:08	+4:14
6th	521	Bjørn Grinde	Geoform	M70	42:18	+4:24
7th	108	Axel Blomquist	SN	M70	43:43	+5:49
8th	394	Cliff Etherden	LOC	M70	44:04	+6:10
9th	479	Mark Glaisher	SAX	M70	45:27	+7:33
10th	1269	Mike Smithard	DEE	M70	45:59	+8:05
11th	1168	Martyn Roome	SROC	M70	46:27	+8:33
12th	484	Mike Godfree	DVO	M70	48:02	+10:08
13th	1337	John Taylor	SROC	M70	48:27	+10:33
14th	1523	Richard Payne	EPOC	M70	48:50	+10:56
15th	1264	Roger Smith	LOC	M70	50:10	+12:16
16th	1234	John Simmons	BOK	M70	50:38	+12:44
17th	1302	Robin Strain	ELO	M70	51:15	+13:21
18th	307	Leslie Dalgleish	ESOC	M70	52:36	+14:42
19th	1463	Keith Willdig	OD	M70	53:31	+15:37
20th	1471	Alan Williamson	SO	M70	53:47	+15:53
21st	547	Norman Hall	DEE	M70	55:42	+17:48
22nd	1199	Ian Sayer	WSX	M70	56:15	+18:21
23rd	863	Dave Marr	OD	M70	56:29	+18:35
24th	586	John Harrison	BADO	M75	56:35	+18:41
25th	1235	Rob Simmons	Albury Wodonga	M70	57:27	+19:33
26th	935	Andrew Middleton	DVO	M70	58:10	+20:16
27th	1053	Ralph Phipps	OD	M70	58:52	+20:58
28th	837	Roger Lott	AIRE	M70	59:58	+22:04
29th	739	Ray Johnstone	WCOC	M70	60:38	+22:44
30th	643	Mike Hind	CLARO	M70	60:46	+22:52
31st	1327	Paul Taunton	NGOC	M70	61:20	+23:26
32nd	967	John Nash	LOC	M70	62:48	+24:54
33rd	1486	Mike Wimpenny	DEVON	M70	63:51	+25:57
34th	1397	Mike Turner	SO	M70	64:32	+26:38
35th	141	John Britton	MDOC	M70	64:34	+26:40
36th	736	Paul Johnson	BL	M70	65:01	+27:07
37th	138	Simon Brister	DVO	M70	66:06	+28:12
38th	322	Roy Dawson	NATO	M70	66:08	+28:14
39th	126	Robert Brandon	OD	M70	67:41	+29:47
40th	742	Glyn Jones	SOLWAY	M70	68:09	+30:15
41st	523	Philip Gristwood	MV	M70	75:02	+37:08
42nd	1155	John Robinson	WCH	M70	77:29	+39:35
43rd	1177	Stephen Round	SELOC	M70	86:52	+48:58
44th	773	David Kingdon	SAX	M70	88:31	+50:37
45th	379	Mike Elliot	MV	M70	92:13	+54:19
46th	283	Neil Croasdell	EPOC	M70	93:30	+55:36
	314	Allan Darwell	BOK	M70	m6-7	

# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### M70S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	323	David Day	CLARO	M70	31:47	
2nd	831	David Lloyd	LOC	M70	34:08	+2:21
3rd	1101	John Pullin	LOC	M70	38:23	+6:36
4th	528	Peter Guillaume	SYO	M70	38:25	+6:38
5th	1099	Nicholas Pugh	SOS	M70	41:04	+9:17
6th	100	Michael Bickle	WAOC	M70	44:39	+12:52
7th	1424	Dave Walton	LOC	M70	49:32	+17:45
8th	252	David Corp	LOC	M70	51:45	+19:58
9th	1147	Rick Roberts	HOC	M70	54:11	+22:24
10th	1157	Ian Robson	EBOR	M70	57:15	+25:28
11th	455	John Fulwood	HALO	M70	69:22	+37:35
12th	94	Stephen Beresford	MDOC	M70	79:40	+47:53
	1451	Jon Wheatcroft	TVOC	M70	w2	
	728	Middler John	OD	M70	m5-6	

### M75L 2.8km 65m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1481	Martin Wilson	BKO	M75	32:05	
2nd	1027	David Palmer	BOK	M75	32:40	+0:35
3rd	244	Ian Cooper	SYO	M75	37:37	+5:32
4th	1270	Phil Smithard	KFO	M75	38:31	+6:26
5th=	1094	Jim Prowting	TVOC	M75	39:43	+7:38
5th=	718	Brian Jackson	SROC	M75	39:43	+7:38
n/c	1570	James Bedwell	DVO	M20	40:15	
7th	187	Peter Carey	OD	M75	41:21	+9:16
8th	824	Roy Lindsell	EPOC	M75	41:54	+9:49
9th	920	Dave McQuillen	SOLWAY	M75	41:57	+9:52
10th	1211	Roger Scrutton	ESOC	M75	42:17	+10:12
11th	991	John Nuttall	SELOC	M75	42:31	+10:26
12th	96	Colin Best	SYO	M75	43:10	+11:05
13th	903	Ted McDonald	BOK	M75	44:28	+12:23
14th	29	David Arnot	COBOC	M75	45:27	+13:22
15th	254	Ian Couch	EPOC	M75	47:51	+15:46
16th	782	Julian Lailey	SROC	M75	48:09	+16:04
17th	968	Dave Neild	LOC	M75	48:34	+16:29
18th	775	Chris Kirkham	MDOC	M75	49:05	+17:00
19th	588	Brian Hart	SARUM	M75	49:46	+17:41
20th	722	Paul Jackson	EPOC	M75	52:07	+20:02
21st	1043	John Pearce	DEVON	M75	52:37	+20:32
22nd	1182	Malcolm Ruckledge	WCOC	M75	54:32	+22:27
23rd	958	Alan Mullock	DEE	M75	54:45	+22:40
24th	1442	Ian Watson	MDOC	M75	58:50	+26:45
25th	1420	Tony Wagg	MDOC	M75	67:35	+35:30
26th	962	Denis Murphy	DEE	M75	68:12	+36:07
27th	1046	Ian Peirce	SARUM	M75	72:10	+40:05
28th	1149	Trevor Roberts	MDOC	M75	72:35	+40:30
29th	1520	Graham Tough	SWOC	M75	72:56	+40:51
30th	1505	Brian Yates	ESOC	M75	73:36	+41:31
31st	372	Douglas Edwards	MDOC	M75	74:17	+42:12
32nd	876	Henry Marston	SYO	M75	76:38	+44:33
	368	Tony Duncan	WCOC	M75	m4	

### M75S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1501	Raymond Wren	BL	M75	34:41	
2nd	1469	Rod Williams	HALO	M75	35:09	+0:28
3rd	1024	John Padget	DEE	M75	37:20	+2:39

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### M75S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
4th	433	Robert Forster	NGOC	M75	38:43	+4:02
5th	1247	Dave Skidmore	DVO	M75	41:47	+7:06
6th	642	Peter Hills	DEE	M75	42:31	+7:50
7th	577	Roger Hargreaves	KERNO	M75	44:26	+9:45
8th	1511	Peter Yoxall	POTOC	M75	55:07	+20:26
9th	1257	Andrew Smith	LOC	M75	56:11	+21:30
10th	384	Bob Elmes	DEE	M75	59:42	+25:01
11th	456	Philip Gager	SROC	M75	71:17	+36:36
12th	1294	Ken Stimson	NWO	M75	84:29	+49:48
	551	Peter Hambleton	SARUM	M75	m1-8	
	1090	Roger Pring	SAX	M75	w7	
	215	Richard Clark	EBOR	M75	m2-7	

### M80 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	621	Keith Henderson	WIM	M80	31:32	
2nd	852	Roger Maher	SO	M80	32:05	+0:33
3rd	1218	Brian Shaw	SYO	M80	36:49	+5:17
4th	790	Christopher Lates	BL	M80	41:53	+10:21
5th	1413	Robert Verity	DEE	M80	43:51	+12:19
6th	163	Steve Burge	LOC	M80	45:42	+14:10
7th	1246	Trevor Simpson	OD	M80	50:16	+18:44
8th	60	Basil Baldwin	GOLDSEEKERS	M80	50:38	+19:06
9th	1009	Jeremy Oldershaw	SAX	M80	59:41	+28:09
10th	267	Roger Craddock	QO	M80	63:36	+32:04
11th	954	Richard Moss	BL	M80	68:36	+37:04
12th	1184	John Russell	SOS	M80	70:59	+39:27
13th	1455	Michael White	MV	M85	157:25	+125:53
	401	Mike Fairburn	PFO	M80	m2-8	

### M85 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	738	Stanley Johnston	LOC	M85	54:20	
2nd	942	Donald Moir	LEI	M85	71:40	+17:20

### W10A 2.1km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	661	Sola Holmes	WCOC	W10	18:55	
2nd	665	Lucy Holt	SYO	W10	19:40	+0:45
3rd	219	Helena Clarke	NGOC	W10	20:18	+1:23
4th	261	Elysia Cowe	WAOC	W10	20:37	+1:42
5th	1076	Alys Powell	WAOC	W10	23:00	+4:05
6th	474	Martha Gilbert	DEVON	W10	23:22	+4:27

### W10B 1.6km 10m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1078	Hana Powell	WAOC	W10	27:59	

### W12A 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	236	Eilidh Connor	FVO	W12	26:17	
2nd	445	Alice French	WIM	W12	27:32	+1:15
3rd	204	Hannah Chapma	SYO	W12	27:42	+1:25

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### W12A 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
4th	1062	Eden Pigott	POTOC	W12	28:14	+1:57
5th	681	Anna Howard	MOR	W12	29:15	+2:58
6th	203	Emma Chapman	SO	W12	41:29	+15:12
7th	221	Sadie Clarke	NGOC	W12	41:53	+15:36
8th	156	Bethan Buckley	AIRE	W12	69:59	+43:42

### W12B 2.1km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	475	Poppy Gilbert	DEVON	W12	21:06	
2nd	689	Holly Howe	SAX	W12	26:24	+5:18
3rd	663	Anna Holt	SYO	W12	30:38	+9:32

### W14A 2.8km 90m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	556	Rebecca Hammond	FVO	W14	25:49	
2nd	201	Charlotte Chapman	SYO	W14	27:09	+1:20
3rd	157	Katie Buckley	AIRE	W14	27:25	+1:36
4th	684	Sophie Howard	MOR	W14	27:37	+1:48
5th	275	Sophie Crawford	WCOC	W14	27:42	+1:53
6th	895	Rebecca Mayes	CLOK	W14	29:48	+3:59
7th	1251	Charlotte Slade	SN	W14	30:04	+4:15
8th	921	Eskarina Medlock	WSX	W14	32:31	+6:42
9th	44	Emily Atkinson	ELO	W14	36:02	+10:13
10th	759	Esme Kelly	FVO	W14	37:57	+12:08
11th	222	Lily Clarkson	WCOC	W14	39:19	+13:30
12th	458	Maria Gaines	BL	W14	39:30	+13:41
13th	1239	Ellen Simpson	LEI	W14	40:25	+14:36
14th	1277	Alice Soulsby	HH	W14	41:29	+15:40
15th	721	Lottie Jackson	DEVON	W14	55:07	+29:18
16th	646	Libby Hinshelwood	WAOC	W14	82:48	+56:59

### W14B 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	995	Eadie O'Callaghan	CLOK	W14	106:09	

### W16A 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	923	Lyra Medlock	WSX	W16	33:30	
2nd	1388	Freya Tryner	SYO	W16	35:15	+1:45
3rd	1127	Daisy Rennie	WCOC	W16	39:15	+5:45
4th	1425	Jessica Ward	NGOC	W16	40:36	+7:06
5th	761	Scarlett Kelly	FVO	W14	40:42	+7:12
6th	913	Kate McLuckie	MOR	W16	42:08	+8:38
7th	1356	Amelia Thompson	LOC	W16	45:50	+12:20
8th	447	Grace French	WIM	W16	49:25	+15:55
9th	1278	Maggie Soulsby	HH	W16	50:12	+16:42
10th	1374	Anna Todd	SYO	W14	50:32	+17:02
11th	700	Eva Humphreys	WCOC	W16	50:57	+17:27
12th	623	Katie Hensman	FVO	W16	57:30	+24:00
13th	317	Hebe Darwin	WAOC	W16	58:08	+24:38
14th	510	Chloe Green	NATO	W16	59:36	+26:06
15th	457	Isabel Gaines	BL	W16	67:21	+33:51
16th	1068	Madeleine Pitcher	DFOK	W16	68:45	+35:15
17th	465	Alexandra Garnett	SYO	W16	71:13	+37:43

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### W16A 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
18th	1488	Isabel Winskill	WCOC	W16	72:50	+39:20
19th	605	Cecilia Hayward-Bhikha	SLOW	W16	104:56	+71:26
20th	645	Katy Hinshelwood	WAOC	W16	112:07	+78:37
	140	Scarlett Britain	MOR	W16	m6	
	996	Kendal O'Callaghan	CLOK	W16	m4-7 m	

### W18L 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1312	Issy Sunley	WCOC	W18	40:25	
2nd	147	Laura Brown	LOC	W18	40:47	+0:22
3rd	772	Phoebe King	GO	W18	46:50	+6:25
4th	273	Emma Crawford	WCOC	W18	47:55	+7:30
5th	800	Amy Lee-Jones	BOK	W18	49:45	+9:20
6th	624	Lucy Hensman	FVO	W18	54:05	+13:40

### W18S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	133	Ffion Bricknell	SAX	W18	59:26	

### W20L 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	612	Scarlet Heap	SO	W20	34:27	
2nd	1430	Rebecca Ward	NGOC	W20	37:39	+3:12
3rd	1036	Lois Parker	OUOC	W20	41:06	+6:39
4th	378	Alex Elliot	SYO	W20	41:21	+6:54
5th	1404	Zoë Tyner	Setanta	W20	42:10	+7:43
6th	752	Sophie Jones	UBOC	W20	47:40	+13:13
7th	650	Isabelle Hodgson	SYO	W20	58:05	+23:38

### W21L 5.4km 230m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	159	Fiona Bunn	EUOC	W21	40:35	
2nd	1161	Sarah Rollins	SN	W45	49:59	+9:24
3rd	891	Kirstin Maxwell	RR	W21	52:10	+11:35
4th	88	Elizabeth Bedwell	NN	W21	53:22	+12:47
5th	1224	Rozy Shepherd	INVOC	W21	54:22	+13:47
6th	1408	Iben Valery	TISVILDE HEGN	W21	59:11	+18:36
7th	478	Jasmine Girdlestone	WCOC	W21	59:44	+19:09
8th	1056	Jo Pickering	WIM	W21	64:21	+23:46
9th	1010	Alison O'Neil	ESOC	W35	66:29	+25:54
10th	326	Camilla Delenne	ACA	W21	71:25	+30:50
11th	16	Louise Adams	EUOC	W21	71:33	+30:58
12th	503	Laura Goy	SYO	W35	71:40	+31:05
13th	751	Saskia Jones	SWOC	W21	76:51	+36:16
14th	741	Georgia Jones	LOK	W21	77:59	+37:24
15th	1548	Alice Rea	WCOC	W21	79:24	+38:49
16th	565	Helen Hanstock	BOK	W21	80:22	+39:47
17th	327	Joanna Delenne	ACA	W21	82:47	+42:12
18th	597	Hannah Hateley	DEE	W21	88:33	+47:58
19th	997	Annie Ockenden	OD	W21	100:19	+59:44

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### W21S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1138	Alice Rigby	CLOK	W21	41:05	
2nd	1437	Saskia Warren	NN	W21	46:27	+5:22
3rd	766	Anna Kindlundh	Södertälje-Nykva	W21	46:37	+5:32
4th	1417	Emma Vincent	DVO	W21	47:04	+5:59
5th	734	Nicola Johnson	BOK	W21	49:13	+8:08
6th	502	Agathe Gourrat	ACA	W21	53:09	+12:04
7th	1236	Shona Simmons	ESOC	W21	54:37	+13:32
8th	385	Evelyn Elmes	DEE	W21	57:37	+16:32
9th	744	Kitty Jones	DEE	W21	62:18	+21:13
10th	524	Charlotte Grundy		W21	70:35	+29:30
11th	1262	Julia Smith		W21	73:57	+32:52
12th	1376	Morven Todd		W21	78:04	+36:59
13th	10	Freyja Abbott	STAG	W21	81:23	+40:18
14th	606	Jemima Hayward-Bhikha	SLOW	W21	158:04	+116:59

### W35L 4.7km 190m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	149	Lizzie Browne	LOC	W35	43:54	
2nd	1110	Becky Raftery	HH	W35	45:39	+1:45
3rd	1301	Kirsten Strain	AROS	W35	47:14	+3:20
4th	74	Sarah-Jane Barrable	SLOW	W35	51:05	+7:11
5th	1473	Jenny Williamson	ERYRI	W35	53:19	+9:25
6th	878	Emma Mason	MDOC	W35	68:23	+24:29
7th	1070	Rachel Platt	LOC	W35	71:08	+27:14
8th	918	Vanessa McMillan	HH	W35	75:40	+31:46
9th	32	Megan Ashton	RNRMOC	W35	78:14	+34:20
10th	1452	Alison White	KERNO	W55	109:16	+65:22

### W35S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	984	Kasia Nichols	SO	W35	88:20	
2nd	281	Rebecca Crellin	WCOC	W35	93:04	+4:44

### W40L 4.7km 190m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	916	Lindsay McMillan	EPOC	W40	48:56	
2nd	1008	Toni O'Donovan	LEI	W40	51:21	+2:25
3rd	1528	Michelle Spillar	WIM	W40	51:23	+2:27
4th	358	Liz Drewe	CLARO	W40	53:19	+4:23
5th	1202	Sarah Scarbrough	MV	W40	53:51	+4:55
6th	1086	Julia Preston	SROC	W40	55:03	+6:07
7th	929	Helen Meredith	EBOR	W40	59:38	+10:42
8th	836	Rosemary Lord	WAROC	W40	66:29	+17:33
9th	1180	Rebecca Rowe	SROC	W40	70:38	+21:42
10th	46	Jennifer Atkinson	ELO	W40	93:37	+44:41

### W40S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	959	Anne Murgatroyd	AIRE	W40	40:41	
2nd	174	Sally Calland	BAOC	W45	42:54	+2:13
3rd	220	Laura Clarke	NGOC	W40	50:51	+10:10
4th	619	Liz Heaton	LOC	W40	52:10	+11:29
5th	952	Frances Moseley	SROC	W40	62:36	+21:55
6th	476	Ruth Gilbert	DEVON	W40	63:36	+22:55



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### W40S 3.4km 125m

Pos	No.	Name	Club	Age Class	Time	Behind
7th	99	Helen Bickle	WAOOC	W40	<b>65:38</b>	+24:57
8th	858	Sarah Mansel	SUFFOC	W55	<b>77:34</b>	+36:53
9th	539	Susan Guy	SYO	W40	<b>77:49</b>	+37:08
10th	1483	Ruth Wilson	NATO	W40	<b>87:43</b>	+47:02
	30	Philippa Ascough	INT	W40	<b>m10</b>	

### W45L 4.7km 190m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	339	Gabriela Diethelm	OLG Chur	W45	<b>48:55</b>	
2nd	945	Carys Morgan	SLOW	W45	<b>50:25</b>	+1:30
3rd	11	Joanna Abbott	NATO	W45	<b>53:36</b>	+4:41
4th	1305	Anne Straube	OD	W45	<b>55:00</b>	+6:05
5th	683	Nikki Howard	MOR	W45	<b>60:28</b>	+11:33
6th	1407	Emmanuelle Valentin	BROS 4012	W45	<b>63:16</b>	+14:21
7th	1495	Hannah Woods	SYO	W45	<b>64:40</b>	+15:45
8th	1130	Louise Reynolds	SYO	W45	<b>64:44</b>	+15:49
9th	816	Jill Libby	BL	W65	<b>65:36</b>	+16:41
10th	885	Jo Matthew	SROC	W45	<b>66:26</b>	+17:31
11th	198	Anna Chapman	SO	W45	<b>67:33</b>	+18:38
12th	66	Ida Baluskova	OK 24 PRAHA	W45	<b>68:51</b>	+19:56
13th	998	Mary Ockenden	SROC	W60	<b>69:01</b>	+20:06
14th	291	Judith Cudden	SYO	W45	<b>69:12</b>	+20:17
15th	573	Helen Ruth Hargreaves	WCOC	W45	<b>69:34</b>	+20:39
16th	440	Karen Fraser	MOR	W45	<b>79:06</b>	+30:11
17th	847	Maria MacKenzie	EBOR	W45	<b>87:56</b>	+39:01
18th	554	Jenny Hammond	FVO	W45	<b>102:24</b>	+53:29
19th	669	Alison Hooper	LOC	W45	<b>103:19</b>	+54:24
20th	1192	Kim Sanderson	NATO	W45	<b>109:50</b>	+60:55
21st	901	Rebecca McCreadie	DEE	W45	<b>111:26</b>	+62:31
22nd	1250	Catherine Slade	SAX	W45	<b>114:16</b>	+65:21
23rd	1080	Johanna Powell	WAOOC	W45	<b>118:22</b>	+69:27
	628	Sally Heppell	WCOC	W45	<b>m13-14</b>	

### W45S 2.8km 65m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1125	Helen Rennie	WCOC	W45	<b>40:52</b>	
2nd	348	Phil Dolphin	HOC	W45	<b>50:37</b>	+9:45
3rd	1396	Kate Turner	SO	W45	<b>51:59</b>	+11:07
4th	1441	Sarah Watkins	SROC	W45	<b>57:06</b>	+16:14
5th	881	Rachel Mather	MAROC	W45	<b>60:18</b>	+19:26
6th	517	Annika Greenwood	SOC	W50	<b>65:35</b>	+24:43
7th	924	Rebecca Medlock	WSX	W45	<b>67:31</b>	+26:39

### W50L 3.9km 180m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1461	Lucy Wiegand	SYO	W50	<b>42:12</b>	
2nd	1275	Juliette Soulard	OD	W50	<b>43:30</b>	+1:18
3rd	685	Alison Howe	SAX	W50	<b>47:37</b>	+5:25
4th	585	Emma Harrison	EPOC	W50	<b>48:46</b>	+6:34
5th	279	Amanda Crawshaw	SYO	W50	<b>50:10</b>	+7:58
6th	238	Natasha Conway	AIRE	W50	<b>52:41</b>	+10:29
7th	1013	Beccy Osborn	FVO	W50	<b>52:52</b>	+10:40
8th	274	Karen Crawford	BOK	W50	<b>53:58</b>	+11:46
9th	1350	Lynne Thomas	WCOC	W50	<b>54:10</b>	+11:58
10th	1252	Melanie Slade	SN	W50	<b>54:38</b>	+12:26

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### W50L 3.9km 180m

Pos	No.	Name	Club	Age Class	Time	Behind
11th	85	Sarah Bayliss	WRE	W50	56:37	+14:25
12th	914	Morag McLuckie	MOR	W50	57:51	+15:39
13th	1389	Pauline Tryner	SYO	W50	58:19	+16:07
14th	933	Lisa Methven	BKO	W50	60:03	+17:51
15th	971	Katja Neumann	MAROC	W50	63:23	+21:11
16th	325	Anne-françoise Delenne	ACA	W50	65:03	+22:51
17th	58	Karen Baker	DEVON	W50	65:26	+23:14
18th	423	Sharon Finch	OD	W50	65:31	+23:19
19th	715	Diane Jacks	WRE	W50	68:49	+26:37
20th	316	Camilla Darwin	WAOC	W50	69:51	+27:39
21st	584	Ruth Harris	DEE	W50	71:34	+29:22
22nd	139	Frances Britain	MOR	W50	72:22	+30:10
23rd	767	Eva Kindlundh	Trosabygdens O	W50	77:48	+35:36
24th	776	Rachel Kirkland	FVO	W50	78:02	+35:50
25th	223	Penny Clay	ECKO	W50	86:03	+43:51
26th	69	Tracey Barker	SOS	W50	94:13	+52:01

### W50S 2.8km 65m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	272	Alex Crawford	WCOC	W50	42:18	
2nd	1506	Jane Yates	BL	W50	44:33	+2:15
3rd	656	Jane Holcombe	BOK	W50	60:36	+18:18
4th	1428	Michelle Ward	NGOC	W50	74:19	+32:01
5th	1480	Jane Wilson	LVO	W50	78:09	+35:51
6th	1004	Nicola O'Donnell	DVO	W50	79:25	+37:07
7th	89	Karen Bedwell	DVO	W50	83:30	+41:12
8th	594	Nicola Harvey	WIM	W50	85:31	+43:13
9th	259	Alison Cowe	WAOC	W50	91:08	+48:50
10th	1490	Amy Winston	Rocky Mountain	W50	93:12	+50:54

### W55L 3.9km 180m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1035	Karen Parker	BL	W55	38:00	
2nd	303	Alison Cunningham	ESOC	W55	42:36	+4:36
3rd	406	Heather Fellbaum	FVO	W55	47:55	+9:55
4th	1515	Hazel Dean	FVO	W55	48:52	+10:52
5th	835	Louise Longhurst	FVO	W55	51:15	+13:15
6th	546	Ann Haley	INT	W55	51:57	+13:57
7th	224	Jo Cleary	LOC	W55	52:18	+14:18
8th	720	Elizabeth Jackson	DEE	W55	53:18	+15:18
9th	501	Christine Goulding	BL	W55	57:02	+19:02
10th	354	Bronwen Doyle	SYO	W55	58:23	+20:23
11th	419	Valérie Figuiere	Givry SO	W55	58:54	+20:54
12th	86	Rebekah Beadle	LOC	W55	59:06	+21:06
13th	1082	Rachel Powell	LOC	W55	59:45	+21:45
14th	15	Janet Adams	SYO	W55	60:14	+22:14
15th	851	Karine Maes	CO Lorient	W55	60:47	+22:47
16th	1409	Marijs Vandeweyer	TROL Belgium	W55	63:26	+25:26
17th	1098	Stephanie Pruzina	LVO	W55	64:08	+26:08
18th	145	Nicola Brooke	WSX	W55	64:24	+26:24
19th	829	Helen Livesey	LOC	W55	64:51	+26:51
20th	898	Jane McCann	MDOC	W55	65:57	+27:57
21st	964	Deb Murrell	SROC	W55	66:32	+28:32
22nd=	448	Karen French	WIM	W55	67:02	+29:02
22nd=	753	Trine Marit Justad Raaen	Aker Brygge Ori	W55	67:02	+29:02
24th	559	Dorte Torpe Hansen	SLOW	W55	67:24	+29:24
25th	1185	Brenda Rutter	SROC	W55	68:12	+30:12

# Lakes 5 day - Threlkeld Knotts

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## EVENT RESULTS

### W55L 3.9km 180m

Pos	No.	Name	Club	Age Class	Time	Behind
26th	1107	Karen Quickfall	SROC	W55	69:07	+31:07
27th	599	Maggie Hateley	DEE	W55	70:16	+32:16
28th	122	Sheila Braine	QO	W55	72:02	+34:02
29th	480	Dawn Goddard	FVO	W55	76:24	+38:24
30th	57	Elaine Baker	DEE	W55	76:42	+38:42
31st	195	Sal Chaffey	DVO	W55	77:07	+39:07
32nd	1256	Alison Smith	TVOC	W55	78:45	+40:45
33rd	398	Joanna Evans	QO	W55	79:16	+41:16
34th	1434	Debby Warren	NN	W55	80:42	+42:42
35th	868	Penny Marsh	SO	W55	82:46	+44:46
36th	1400	Anne Tynegate	BADO	W60	83:10	+45:10
37th	825	Clare Lines	SO	W55	100:21	+62:21
38th	552	Elizabeth Hamer-Davies	MDOC	W55	104:43	+66:43
39th	1386	Nicola Trotman	HH	W55	112:27	+74:27
	1249	Susan Skinner	WCOC	W55	rtd	

### W55S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	889	Eileen Maxwell	RR	W55	31:55	
2nd	845	Caroline Mackenzie	CLOK	W55	33:47	+1:52
3rd	746	Margaret Jones	NGOC	W55	36:21	+4:26
4th	1139	Carolyn Rigby	CLOK	W55	37:46	+5:51
5th	907	Jo McKendrick	SYO	W55	37:51	+5:56
6th	803	Joanne Leigh	HOC	W55	40:06	+8:11
7th	1450	Catherine Wetherfield	WCOC	W55	41:01	+9:06
8th	171	Sue Buxton	TVOC	W55	43:33	+11:38
9th	882	Isla Mathieson	CLOK	W55	47:32	+15:37
10th	1509	Alison Yeates	WCH	W55	47:35	+15:40
11th	1286	Rach Stavert	LOC	W55	48:39	+16:44
12th	525	Rachel Grundy	CAP03	W55	48:51	+16:56
13th	1336	Joanne Taylor	SROC	W55	52:01	+20:06
14th	1309	Katarina Sundelin	OK Orion	W55	57:30	+25:35
15th	795	Vivianne Lawson	OD	W55	62:28	+30:33
16th	833	Rebecca Lloyd	EPOC	W55	63:15	+31:20
17th	771	Lesley King	GO	W55	65:57	+34:02
18th=	809	Karen Lewis	QO	W55	73:10	+41:15
18th=	76	Louise Barrett	NOR	W55	73:10	+41:15
	28	Adele Appleby	QO	W55	m7	

### W60L 3.8km 160m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	872	Joyce Marshall	AIRE	W60	43:12	
2nd	947	Jane Morgan	SOC	W60	47:04	+3:52
3rd	567	Alison Harding	HH	W60	47:25	+4:13
4th	84	Lindsey Bayles	LOC	W60	47:44	+4:32
5th	255	Julie Couch	EPOC	W60	52:40	+9:28
6th	109	Jill Blount	SO	W60	53:40	+10:28
7th	365	Caz Dudley	MAROC	W60	53:47	+10:35
8th	179	Joy Cameron	MAROC	W60	53:53	+10:41
9th	691	Sarah Howes	SAX	W60	54:18	+11:06
10th	1210	Maggie Scrugham	LOC	W60	55:11	+11:59
11th	1091	Carol Prosser	BAOC	W60	56:55	+13:43
12th	293	Ann Cummings	WCOC	W60	58:03	+14:51
13th	856	Jane Malley	NATO	W60	58:26	+15:14
14th	786	Jane Lambert	SO	W60	58:35	+15:23
15th	589	Nicola Hart	DVO	W60	60:06	+16:54
16th	392	Helen Errington	HH	W60	60:22	+17:10

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## EVENT RESULTS

### W60L 3.8km 160m

Pos	No.	Name	Club	Age Class	Time	Behind
17th	17	Mary Adams	WCH	W60	61:07	+17:55
18th	838	Anne Løver	STORD ORIENT	W60	62:34	+19:22
19th	243	Trish Coombs	MAROC	W65	62:51	+19:39
20th	1108	Mary Rack	NATO	W60	64:16	+21:04
21st	200	Carole Chapman	RAFO	W60	65:18	+22:06
22nd	1472	Dawn Williamson	DEVON	W60	66:17	+23:05
23rd	226	Fiona Clough	BKO	W60	67:56	+24:44
24th	696	Angela Hulley	AIRE	W60	68:30	+25:18
25th	972	Adele Newall	KERNO	W60	72:18	+29:06
26th	335	Carolyn Dent	BOK	W60	72:42	+29:30
27th	426	Marie-Anne Fischer	TVOC	W60	72:49	+29:37
28th	1215	Gabi Shanahan	BAOC	W60	75:17	+32:05
29th	14	Gill Adams	AIRE	W60	79:00	+35:48
30th	1325	Gwen Tanner	BOK	W60	82:03	+38:51
31st	580	Gill Harrington	SYO	W60	82:37	+39:25
32nd	1284	Ellen Starling	NGOC	W60	83:05	+39:53
33rd	853	Christine Mahony	ESOC	W60	84:39	+41:27
34th	1255	Helen Smethurst	PFO	W60	85:34	+42:22
35th	1291	Alison Stewart	ECKO	W60	88:53	+45:41
36th	780	Sue Kuestner	Bay Area OC	W60	96:50	+53:38
37th	306	Jacky Dakin	SYO	W60	99:47	+56:35
	169	Kim Buxton	DVO	W60	w10	
	1033	Gail Parker	SLOW	W60	m9-10	

### W60S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	338	Elisabeth Dickson	BAOC	W60	34:06	
2nd	364	Colette Du Toit	NGOC	W60	41:12	+7:06
3rd	1146	Marie Roberts	MDOC	W60	45:02	+10:56
4th	726	Bridget Jardine	PFO	W60	47:08	+13:02
5th	1405	Leianne Upton	MV	W60	48:58	+14:52
6th	387	Joanna Emberton	EPOC	W60	54:11	+20:05
7th	1280	Kath Speak	MDOC	W60	55:43	+21:37
8th	136	Jacqui Briggs	BKO	W60	56:37	+22:31
9th	233	Julie Collins	DFOK	W60	59:05	+24:59
10th	983	Janice Nichols	BL	W60	60:48	+26:42
11th	193	Jenny Cattermole		W60	66:31	+32:25
12th	725	Ros James	SMOC	W60	87:49	+53:43

### W65L 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	549	Jackie Hallett	BOK	W65	42:28	
2nd	1233	Alison Simmons	BOK	W65	44:08	+1:40
3rd	1189	Anne Salisbury	WAROC	W65	44:14	+1:46
4th	270	Ann Cranke	CLOK	W65	50:05	+7:37
5th	1261	Jill Smith	EBOR	W65	51:06	+8:38
6th	607	Mary Healy	GEN	W65	52:55	+10:27
7th	320	Patricia Davies	BL	W65	53:31	+11:03
8th	162	Judy Burge	LOC	W65	53:35	+11:07
9th	1504	Rosie Wych	QO	W65	53:38	+11:10
10th	1075	Liz Potterton	CLARO	W65	55:09	+12:41
11th	989	Janice Nisbet	ESOC	W65	56:45	+14:17
12th	1050	Amelia Petrie	CLYDE	W65	59:07	+16:39
13th	148	Gill Browne	LOC	W65	61:07	+18:39
14th	214	Karen Clark	EBOR	W65	63:45	+21:17
15th	1144	Maggie Roach	SLOW	W65	69:14	+26:46
16th	1464	Margaret Willdig	OD	W65	70:47	+28:19

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## EVENT RESULTS

### W65L 3.6km 170m

Pos	No.	Name	Club	Age Class	Time	Behind
17th	289	Janet Cronk	WAOC	W65	71:01	+28:33
18th	119	Marcia Bradbury	SYO	W65	71:17	+28:49
19th	763	Helen Kelsey	BOK	W65	71:55	+29:27
20th	1095	Julia Prudhoe	Central Coast	W65	72:19	+29:51
21st	602	Linda Hayles	EPOC	W65	72:38	+30:10
22nd	979	Sheelagh Nichol	AYROC	W65	74:30	+32:02
23rd	227	Jill Cochrane	SROC	W65	77:23	+34:55
24th	622	Leila Henderson	YALANGA	W65	77:51	+35:23
25th	113	Catherine Boelle	Club COOL	W65	79:41	+37:13
26th	321	Catherine Dawson	NATO	W65	80:16	+37:48
27th	441	Rhona Fraser	ESOC	W65	90:32	+48:04
28th	697	Linda Hulley	SO	W65	105:14	+62:46
29th	427	Jean Fitzgerald	SAX	W65	108:02	+65:34
30th	564	Fiona Hanstock	BOK	W65	109:48	+67:20
31st	1290	Jane Stew	OD	W65	122:06	+79:38
32nd	1487	Toria Wimpenny	DEVON	W65	126:40	+84:12
33rd	1351	Rachel Thomas	SMOC	W65	153:07	+110:39
	37	Julie Astin	WSX	W65	m2-6 m	

### W65S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1411	Jane Venet	LOC	W65	41:50	
2nd	582	Ann Harris	SMOC	W65	44:04	+2:14
3rd	943	Pat Moody	DEE	W65	45:08	+3:18
4th	714	Noreen Ives	WAOC	W65	45:17	+3:27
5th	1103	Rowan Purkis	LOC	W65	58:54	+17:04
	1054	Hilary Pickering	WIM	W65	m2-8	

### W70L 2.8km 65m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	308	Margaret Dagleish	ESOC	W70	32:54	
2nd	1500	Jenny Wren	BL	W70	40:45	+7:51
3rd	483	Liz Godfree	DVO	W70	44:50	+11:56
4th	733	Judy Johnson	BL	W70	46:49	+13:55
5th	1475	Anne Wilson	AIRE	W70	50:20	+17:26
6th	1171	Miriam Rosen	SROC	W70	50:42	+17:48
7th	966	Janet Nash	LOC	W70	52:46	+19:52
8th	557	Sue Hands	WIM	W70	54:21	+21:27
9th	381	Elizabeth Elliott	WCOC	W70	55:32	+22:38
10th	1328	Rosalind Taunton	NGOC	W70	57:02	+24:08
11th	1394	Di Turner	SO	W70	58:13	+25:19
12th	1303	Sheila Strain	ELO	W70	61:54	+29:00
13th	1267	Heather Smithard	KFO	W70	62:25	+29:31
14th	1549	Gwen Rea	WCOC	W70	72:08	+39:14
15th	1412	Barbara Verity	DEE	W70	73:00	+40:06
16th	1160	Trina Rogerson	ELO	W70	74:30	+41:36
17th	1258	Ann Smith	LOC	W70	78:34	+45:40
18th	353	Alison Doyle	MDOC	W70	137:15	+104:21

### W70S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	383	Ruth Ellis	DVO	W70	57:18	
2nd	98	Hazel Bickle	WAOC	W70	64:40	+7:22
3rd	1148	Susan Roberts	HOC	W70	82:51	+25:33

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## EVENT RESULTS

### W75L 2.8km 65m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	919	Carol McNeill	LOC	W75	37:08	
2nd	188	Sheila Carey	OD	W75	41:00	+3:52
3rd	1042	Carol Pearce	DEVON	W75	43:28	+6:20
4th	105	Karen Blackburn	BL	W75	48:37	+11:29
5th	61	Jean Baldwin	GOLDSEEKERS	W75	49:47	+12:39
6th	670	Bridget Hooper	SO	W75	56:53	+19:45
7th	1089	Beryl Pring	SAX	W75	61:56	+24:48
8th	855	Barbara Majumdar	DEE	W75	64:35	+27:27
9th	333	Marian Denham	POTOC	W75	77:53	+40:45
10th	1366	Charlotte Thornton	SARUM	W75	79:39	+42:31
11th	1183	Geraldine Russell	SOS	W75	79:58	+42:50
12th	969	Helen Neild	LOC	W75	81:09	+44:01
13th	258	Fiona Coventry	NOR	W75	81:21	+44:13
14th	1175	Pauline Rosser	SYO	W75	86:47	+49:39
15th	936	Christine Middleton	DVO	W75	87:55	+50:47
	143	Julie Brook	MDOC	W75	m1-4 m	

### W75S 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1295	Nina Stimson	NWO	W75	52:56	
2nd	1571	Helen Rafferty	NATO	W75	73:27	+20:31
3rd	1508	Liz Yeadon	SARUM	W75	94:43	+41:47

### W80 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1132	Ruth Rhodes	SO	W80	50:56	
2nd	430	Clare Fletcher	BOK	W80	61:32	+10:36
3rd	1176	Jean Rostron	POTOC	W80	71:36	+20:40
4th	1213	Joan Selby	CLOK	W80	71:46	+20:50
5th	1358	Jenny Thompson	TVOC	W80	74:53	+23:57
6th	1000	Catherine Odell	EBOR	W80	75:33	+24:37
7th	550	Joan Hambleton	SARUM	W80	82:41	+31:45
8th	1045	Freda Peirce	SARUM	W80	89:51	+38:55

### W85 2.5km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	470	Barbara George	NOR	W85	70:26	
2nd	1254	Alison Sloman	HOC	W85	82:15	+11:49
	570	Gill Hardy	WCOC	W85	m2-7	

### Light Green 2.8km 90m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1164	Rebecca Rooke	LOC	W35	22:28	
2nd	1526	David Rochester	CLARO	M50	29:25	+6:57
3rd	1365	Andrew Thornton	MDOC	M60	30:33	+8:05
4th	1414	Hugo Vigouroux	ACA	M21	33:47	+11:19
5th	1556	Nathan Peel	SYO	M12	37:06	+14:38
6th	1447	Richard Webster	AIRE	M21	37:27	+14:59
7th	634	Eric Heritage	WRE	M60	37:59	+15:31
8th	784	Dhawa Lama		M21	38:52	+16:24
9th	727	Aman Jarga Magar		M21	38:55	+16:27
10th	1583	Sajan Limbu	BAOC	M21	40:25	+17:57
11th	637	Joanne Hickling	SAX	W55	41:19	+18:51
12th	648	Cinnamon Hodgson	SYO	W50	42:58	+20:30

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## EVENT RESULTS

### Light Green 2.8km 90m

Pos	No.	Name	Club	Age Class	Time	Behind
13th	1214	Ashish Sen		M21	43:20	+20:52
14th	1610	Oban Lewsley	BL	W21	44:48	+22:20
15th	535	Prabin Gurung	BAOC	M21	44:50	+22:22
16th	1115	Sunil Rai	RSOC	M21	44:54	+22:26
17th	1314	Sandesh Sunuwar	BOF	M21	48:14	+25:46
18th	1321	Buddhi Tamang	BOF	M21	49:11	+26:43
19th	769	Becky King	CLOK	W21	50:09	+27:41
20th	250	Brendan Cormican	LVO	M45	51:53	+29:25
21st	1135	Margaret Ridehalgh	PFO	W70	52:06	+29:38
22nd	1611	Kath Aspin	CLOK	W55	52:40	+30:12
23rd	25	Ginny Anderson	PFO	W65	53:05	+30:37
24th	116	Jonathan Booker	EBOR	M45	53:10	+30:42
25th	1453	Karen White	LEI	W55	53:31	+31:03
26th	1547	Irene Crawshaw	MDOC	W75	54:48	+32:20
27th	948	Claire Morris	SYO	W50	58:51	+36:23
28th	625	Susan Hensman	FVO	W45	59:31	+37:03
29th	779	Dorian Kopij	SAX	M20	60:53	+38:25
30th	1114	Sangam Rai		M21	61:08	+38:40
31st	79	Megan Barry	TVOC	W21	61:10	+38:42
32nd	1470	Sue Williams	WIGHTO	W70	63:23	+40:55
33rd	1118	Karen Ransley	SAX	W40	64:29	+42:01
34th	1612	John Purkis	SYO	M65	65:28	+43:00
35th	760	Joseph Kelly	BAOC	M21	71:35	+49:07
36th	395	Kath Etherden	SELOC	W70	71:40	+49:12
37th	1527	Toby Rochester	CLARO	M18	74:27	+51:59
38th	1546	Grahame Crawshaw	MDOC	M70	75:51	+53:23
39th	888	David Mawdsley	MDOC	M80	76:11	+53:43
40th	1333	Helen Taylor	DEVON	W60	76:44	+54:16
41st	1579	James Thebe Limbu	BAOC	M21	78:14	+55:46
42nd	434	Joanna Foster	BOK	W65	78:52	+56:24
43rd	1538	Carolyn Marr	OD	W75	79:49	+57:21
44th	859	Emma Mansfield	BAOC	W35	79:50	+57:22
45th	1608	James Verity		M45	81:01	+58:33
46th	208	Knoie Chiu	PAOC	W35	81:43	+59:15
47th	1572	Sandra Guise	WCOC	W55	86:28	+64:00
48th	839	Sarah Lowe	SO	W50	87:09	+64:41
49th	67	Caroline Barcham	SELOC	W55	97:15	+74:47
50th	9	Erinn Abbott	STAG	W21	104:29	+82:01
51st	944	Charlotte Moore	HOC	W35	105:03	+82:35
52nd	1313	Keshav Gurung	RSOC	M21	123:27	+100:59
53rd	496	Ali Gosling		W40	125:20	+102:52
54th	262	Ian Cowe		M70	125:28	+103:00
	350	Martin Double	SLOW	M45	m3 m8-	
	1311	Nanna Sundelin	OK Orion	W16	m6-7	
	1588	Ingo Hursie	UCC Magelehug	M60	mS	

### Orange 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	813	Oliver Lewis	QO	M14	31:19	
2nd	713	Glenn Irving		M16	31:39	+0:20
3rd	1227	Jacob Shirvington	QO	M14	32:04	+0:45
4th	1609	Charles Levitt		M21	33:48	+2:29
5th	324	Martin Dean	FVO	M65	34:58	+3:39
6th	77	Alison Barry	TVOC	W55	36:51	+5:32
7th	849	Emily MacPherson-Littler	SROC	W14	37:58	+6:39
8th	1590	Otto Volker	KOLV	M60	38:10	+6:51
9th	801	Gillian Lee-Jones	BOK	W55	40:20	+9:01
10th	757	Martin Keegan	BL	M60	40:33	+9:14

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### Orange 3.0km 35m

Pos	No.	Name	Club	Age Class	Time	Behind
11th	1525	Elizabeth Rochester	CLARO	W50	42:35	+11:16
12th	1268	Les Smithard	KFO	M70	45:28	+14:09
13th	216	Caroline Clarke	FVO	W45	45:49	+14:30
14th	934	Michael Eden		M14	49:12	+17:53
15th	1601	Nicola Pearson		W55	50:56	+19:37
16th	817	Maxence Libert		M21	52:34	+21:15
17th	78	Joanne Barry		W50	55:36	+24:17
18th	812	Annabelle Lewis	QO	W16	57:19	+26:00
19th	1242	Isla Simpson	CLOK	W14	57:49	+26:30
20th	569	Samuel Harding		M21	61:06	+29:47
21st	756	Spencer Kay		M21	64:20	+33:01
22nd	1582	Oscar Bagley	BAOC	M21	72:16	+40:57
23rd	264	Elysia Cowe (2nd run)	WAOC	W10	77:12	+45:53
24th	1599	Jude Smith	AYROC	W50	79:11	+47:52
25th	191	Barbara Castle	SAX	W60	85:54	+54:35
26th	703	Alison Hurford	BOK	W60	90:26	+59:07
27th	603	Diane Hayward	SLOW	W50	91:03	+59:44
28th	334	Alyson Denney	OD	W70	96:12	+64:53
	1595	James Bruce		M21	m3-8	

### Yellow 2.1km 45m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	976	Jonah Newton	DVO	M10	17:18	
2nd	1245	Rae Simpson	CLOK	W10	20:28	+3:10
3rd	1585	Mary Ann O'Brian	CORKO	W12	20:32	+3:14
4th	1129	Jago Reynolds	SYO	M12	27:47	+10:29
5th	1316	Daniel Tam	HH	M10	28:15	+10:57
6th	1587	Kyra Green	WCOG	W10	28:54	+11:36
7th	1592	Hugo Maule-Lidbury	HAVOC	M10	31:11	+13:53
8th	1589	Gabrielle Harke	KOLV	W55	34:21	+17:03
9th	1	Karen Abbatuan	BAOC	W35	38:59	+21:41
10th	5	Katheryn Abbatuan	BAOC	W21	39:02	+21:44
11th	1324	Daniel C N Tang	OD	M10	41:13	+23:55
12th	439	Emily Fraser	MOR	W10	45:37	+28:19
	1604	Ekaterina Laenko	TVOC	W50	m2	

### White 1.6km 10m

Pos	No.	Name	Club	Age Class	Time	Behind
1st	1244	Lauren Simpson	CLOK	W10	13:07	
2nd	1111	Isabelle Raftery	HH	W10	14:36	+1:29
3rd	20	Alfie Alcock	AIRE	M10	15:22	+2:15
4th	351	Menna Double	SLOW	W10	17:02	+3:55
5th	352	Osian Double	SLOW	M10	17:13	+4:06
6th	31	George Ashton	SARUM	M10	17:55	+4:48
7th	1613	Ruaridh Martin			22:20	+9:13
8th	1109	Alice Raftery	HH	W10	23:13	+10:06
9th	357	Charlotte Drewe	CLARO	W10	26:23	+13:16
10th	982	Harriet Nichols	SO	W10	27:00	+13:53
11th	1606	Patrick Fraser	MOR	M7	28:14	+15:07
12th	747	Megan Jones	ERYRI	W10	28:30	+15:23
13th	985	Lizzie Nichols	SO	W10	29:47	+16:40
14th	1066	Rhiannon Pinches		W10	43:43	+30:36